

## Adding Emergency Contact numbers and Medical information to your Mobile Phone and Smart Watch

A Medical ID provides information about you that may be important in an emergency, like allergies, medical conditions, and your emergency contacts. Your Phone and Smart Watch can display this information so that it's available for someone attending to you in an emergency and your emergency contacts can be notified

### Create your Medical ID on iPhone

Set up a Medical ID in the Health app.

1. Go to the Health app on your iPhone.
2. Tap your picture at the top right, then tap Medical ID.
3. Tap Get Started or Edit, then enter your information.
4. Below Emergency Contacts, tap Add Emergency Contact, then add your contacts.


After an emergency call ends, your iPhone alerts your emergency contacts with a text message, unless you choose to cancel. Your iPhone sends your current location (if available) and—for a period of time after you enter SOS mode—your emergency contacts receive updates when your location changes.

5. Tap Done.

**Tip:** To view your Medical ID from the Home Screen, touch and hold the Health app icon, then choose Medical ID.

### Allow emergency services and first responders to access your Medical ID

The information in your Medical ID can be shared automatically during an emergency call (U.S. and Canada only), and also appears on the Lock Screen of your iPhone and Apple Watch.

1. Go to the Health app  on your iPhone.
2. Tap your picture at the top right, then tap Medical ID.
3. Tap Edit, scroll to the bottom, then turn on Show When Locked and Emergency Call.

**Note:** A first responder views your Medical ID from the Lock Screen by swiping up or pressing the Home button (depending on your iPhone model), tapping Emergency on the passcode screen, then tapping Medical ID.

**To set up emergency Contact and Medical information on an Android phone, you can:**

1. Open the Settings app
2. Tap User & Accounts
3. Tap Emergency Information
4. Tap Edit information to enter medical information
5. Tap Add Contact to add an emergency contact

**You can also add emergency information to your phone's lock screen:**

1. Open Settings
2. Tap Security & Location
3. Tap Settings next to Screen Lock
4. Tap Lock Screen Message
5. Enter your emergency information and tap Save

**You can also add emergency information using the Safety app:**

1. Open the Safety app
2. Sign in to your Google Account
3. Tap Your info
4. Tap Medical information to add medical information

**You can include the following information in your emergency medical information:**

- Blood type
- Allergies
- Medications, including dosage and whether they are administered via implant or patch
- Medical history
- Surgeries
- Primary care doctor
- Whether you are an organ donor