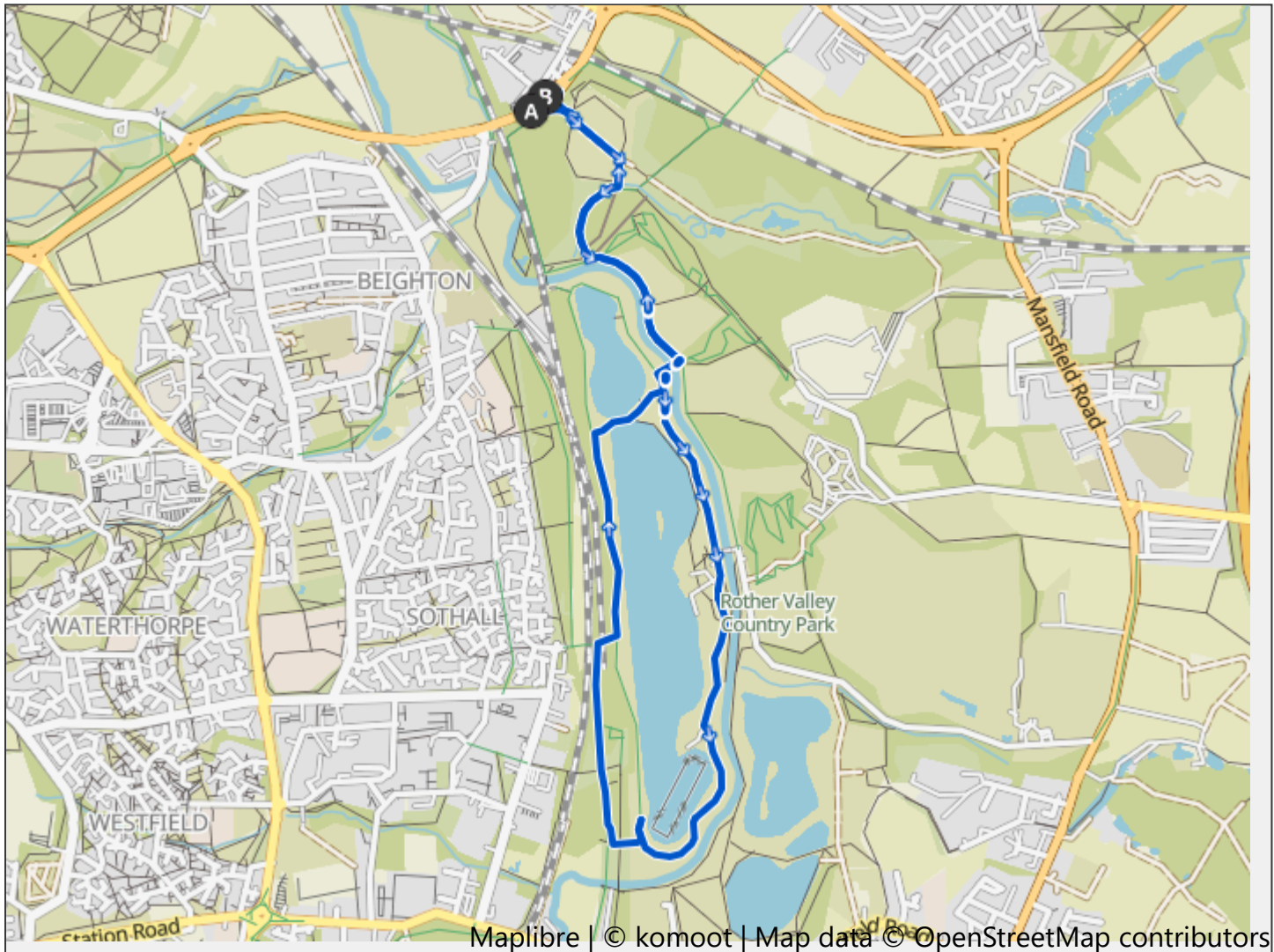
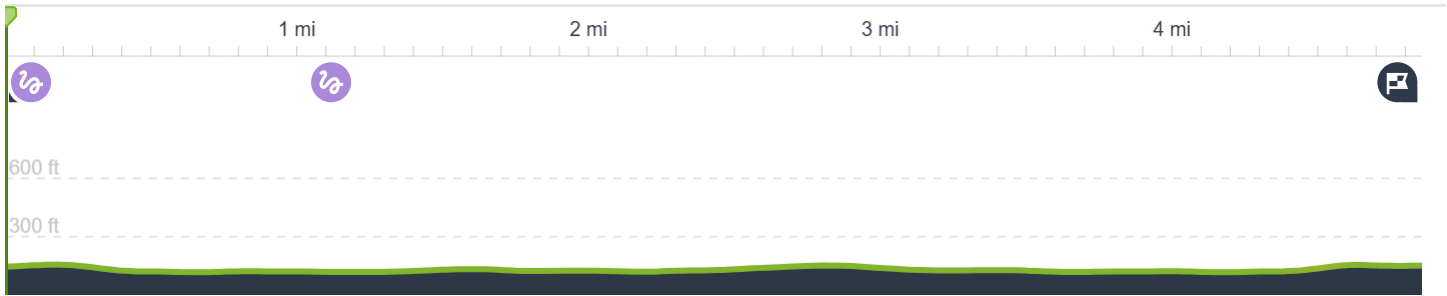


# Rother Valley Medium Route

🕒 02:00 ↔ 4.85 mi ⌀ 2.4 mph ↗ 100 ft ↘ 100 ft



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1. On access road head north  
Follow for 23 yd – overall 23 yd



2. Left on Path.

Follow for 51 yd – overall 74 yd



3. At the intersection Slight right on Chesterfield Road, A57.

Follow for 79 yd – overall 153 yd



4. Right on off-grid segment.

Follow for 23 yd – overall 175 yd



5. Right on Hiking Path (SAC T1).

Follow for 93 yd – overall 268 yd



6. Turn right at the fork and follow Hiking Path (SAC T1).

Follow for 58 yd – overall 326 yd



7. Turn around and follow Hiking Path (SAC T1).

Follow for 58 yd – overall 383 yd



8. Turn around and follow Path.

Follow for 304 yd – overall 0.39 mi



9. Right and follow Path.

Follow for 97 yd – overall 0.45 mi



10. At the intersection Right and follow Hiking Path (SAC T1).

Follow for 398 yd – overall 0.67 mi



11. Slight left and follow Hiking Path (SAC T1).

Follow for 0.34 mi – overall 1.02 mi



12. Right on off-grid segment.

Follow for 269 yd – overall 1.17 mi



13. Straight on Path.

Follow for 0.74 mi – overall 1.91 mi



14. Left and follow Hiking Path (SAC T1).

Follow for 0.50 mi – overall 2.41 mi



15. Turn around and follow Path.

Follow for 87 yd – overall 2.46 mi



16. Right and follow Hiking Path (SAC T1).

Follow for 117 yd – overall 2.53 mi



17. Right and follow Hiking Path (SAC T1).

Follow for 0.47 mi – overall 3.00 mi



18. Right on Meadow Gate Lane.

Follow for 84 yd – overall 3.04 mi



19. Left on Hiking Path (SAC T1).

Follow for 0.47 mi – overall 3.52 mi



20. Right and follow Footpath.

Follow for 151 yd – overall 3.60 mi



21. Left and follow Path.

Follow for 188 yd – overall 3.71 mi



22. Left and follow Path.

Follow for 77 yd – overall 3.75 mi



23. Right on Pithouse Lane.

Follow for 105 yd – overall 3.81 mi



24. Left on Hiking Path (SAC T1).

Follow for 0.32 mi – overall 4.13 mi



25. Turn right at the fork and follow Hiking Path (SAC T1).

Follow for 54 yd – overall 4.16 mi



26. Slight right and follow Hiking Path (SAC T1).

Follow for 372 yd – overall 4.37 mi



27. At the intersection Left and follow Path.

Follow for 120 yd – overall 4.44 mi



28. Left and follow Path.

Follow for 267 yd – overall 4.59 mi



29. Turn left at the fork and follow Path.

Follow for 37 yd – overall 4.61 mi



30. Turn right at the fork and follow Hiking Path (SAC T1).

Follow for 35 yd – overall 4.63 mi



31. Turn around and follow Hiking Path (SAC T1).

Follow for 35 yd – overall 4.65 mi



32. Sharp right and follow Hiking Path (SAC T1).

Follow for 92 yd – overall 4.70 mi



33. Right and follow Path.

Follow for 33 yd – overall 4.72 mi



34. Right and follow Path.

Follow for 51 yd – overall 4.75 mi



35. Sharp right on Chesterfield Road.

Follow for 19 yd – overall 4.76 mi



37. Turn around on Chesterfield Road, A57.

Follow for 40 yd – overall 4.84 mi



38. Sharp right on A57.

Follow for 32 yd – overall 4.86 mi

